DNS Based Blacklists and Whitelists for E-Mail
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Abstract

The rise of spam and other anti-social behavior on the Internet has led to the creation of shared blacklists and whitelists of IP addresses or domains. The DNS has become a de-facto standard method of distributing these blacklists and whitelists. This memo documents the structure and usage of DNS based blacklists and whitelists, and the protocol used to
query them.

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1. Introduction

In 1997, Dave Rand and Paul Vixie, well known Internet software engineers, started keeping a list of IP addresses that had sent them spam or engaged in other behavior that they found objectionable. Word of the list quickly spread, and they started distributing it as a BGP feed for people who wanted to block all traffic from listed IP’s at their routers. The list became known as the Real-time Blackhole List (RBL).

Many network managers wanted to use the RBL to block unwanted e-mail, but weren’t prepared to use a BGP feed. Rand and Vixie created a DNS-based distribution scheme that quickly became more popular than the original BGP distribution. Other people created other DNS-based blacklists either to compete with the RBL or to complement it by listing different categories of IP addresses. Although some people refer to all DNS-based blacklists as ‘‘RBLs’’, the term properly is used for the MAPS RBL, the descendant of the original list. (In the United States, the term RBL is a registered service mark of Trend Micro[3].)

The standard term is now DNS Blacklist or Blocklist, or DNSBL. Some people also publish DNS-based whitelists or DNSWLs.

This document describes the structure, operation, and use of DNSBLs and DNSWLs but does not describe or recommend policies for adding or removing addresses to and from DNSBLs and DNSWLs, nor does it recommend policies for using them, nor
does it take a position on whether the DNS is the best way to
distribute such data. We anticipate that management policies
will be addressed in a companion document.

2. Structure of an IP address DNSBL or DNSWL

Originally, DNSBLs only listed IP addresses, and most DNSBLs
and DNSWLs still list IP addresses. A few DNSBLs and DNSWLs
now list domain names instead. The structure of a DNSBL and
DNSWL are the same, so in the subsequent discussion we use the
abbreviation DNSxL to mean either.

2.1. IP address DNSxL

An IP address DNSxL has a structure adapted from that of the
rDNS. (The rDNS, reverse DNS, is the IN-ADDR.ARPA and
IP6.ARPA domains used to map IP addresses to domain names.)
Each IP address listed in the DNSxL has a corresponding DNS
entry created by reversing the order of the octets of the text
representation of the IP address, and appending the domain
name of the DNSxL. If, for example, the DNSxL is called
bad.example.com, and the IP address to be listed is
192.0.2.99, the name of the DNS entry would be
99.2.0.192.bad.example.com. Each entry in the DNSxL has an A
record and often a TXT record. The A record conventionally
has the value 127.0.0.2, but may have other values as
described below in Combined IP address DNSxLs. The TXT record
describes the reason that the IP is listed in the DNSxL, and
is often used as the text of an SMTP error response when an
SMTP client attempts to send mail to a server using the list
as a DNSBL, or as explanatory text when the DNSBL is used in a
scoring spam filter. Some DNSxLs use the same TXT record for
all entries, while others provide a different TXT record for
each entry or range of entries that describes the reason that
entry or range is listed. The reason often includes the URL
of a web page where more information is available. Some
client software only checks the A record, some only checks the
TXT record, some checks both.

If an IP address is not listed in the DNSxL, there is no
record for the address. If a /24 or larger range of addresses
is listed, and the zone’s server uses traditional zone files
to represent the DNSxL, the DNSxL may use wildcards to limit
the size of the zone file. If for example, the entire range
of 192.0.2.0/24 were listed, the DNSxL’s zone could contain a
single wildcard for *.2.0.192.bad.example.com.

2.2. IP address DNSWL

Since SMTP has no standard way for a server to advise a client
why a request was accepted, TXT records in DNSWLs are not very
useful. Some DNSWLs contain TXT records anyway to document
the reasons that entries are present.
It is possible and occasionally useful for a DNSxL to be used as a DNSBL in one context and a DNSWL in another. For example, a DNSxL that lists the IP addresses assigned to dynamically assigned addresses on a particular network might be used as a DNSWL on that network's outgoing mail server or intranet web server, and used as a DNSBL for mail servers on other networks.

2.3. Combined IP address DNSxLs

In many cases, an organization maintains a DNSxL that contains multiple entry types, with the entries of each type constituting a sublist. For example, an organization that publishes a DNSBL listing sources of unwanted e-mail may wish to indicate why various addresses are included in the list, with one sublist for addresses listed due to sender policy, a second list for addresses of open relays, a third list for hosts compromised by malware, and so forth. (At this point all of the DNSxLs with sublists of which we are aware are intended for use as DNSBLs, but the sublist techniques are equally usable for DNSWLs.)

There are three common methods of representing a DNSxL with multiple sublists: subdomains, multiple A records, and bit encoded entries. Most DNSxLs with sublists use both subdomains and one of the other methods.

Sublist subdomains are merely subdomains of the main DNSxL domain. If for example, bad.example.com had two sublists relay and malware, entries for 192.0.2.99 would be 99.2.0.192.relay.bad.example.com or 99.2.0.192.malware.bad.example.com. Sublist names consist of letters, so there is no problem of name collisions with entries in the main domain, where the IP addresses consist of digits.

To minimize the number of DNS lookups, multiple sublists can also be encoded as bit masks or multiple A records. With bit masks, the A record entry for each IP is the logical OR of the bit masks for all of the lists on which the IP appears. For example, the bit masks for the two sublists might be 127.0.0.1 and 127.0.0.2, in which case an entry for an IP on both lists would be 127.0.0.3. With multiple A records, each sublist has a different assigned value such as 127.0.1.1, 127.0.1.2, and so forth, with an A record for each sublist on which the IP appears. There is no widely used convention for mapping sublist names to bits or values, beyond the convention that all A values are in the 127.0.0.0/8 range to prevent unwanted network traffic if the value is accidentally used as an IP address.

DNSxLs that return multiple A records sometimes return multiple TXT records as well, although the lack of any way to match the TXT records to the A records limits the usefulness
of those TXT records. Other combined DNSxLs return a single TXT record.

2.4. DNSxL cache behavior

The per-record time-to-live and zone refresh intervals of DNSBLs and DNSWLs vary greatly depending on the management policy of the list. A list of IP addresses assigned to dynamically allocated dialup and DHCP users could be expected to change slowly, so the TTL might be several days and the zone refreshed once a day. On the other hand, a list of IP addresses that had been observed sending spam might change every few minutes, with comparably short TTL and refresh intervals.

2.5. Test and contact addresses

Nearly all IP based DNSxLs contain an entry for 127.0.0.2 for testing purposes. DNSBLs that return multiple values often have multiple test addresses so that, for example, the entry for 127.0.0.5 returns a 127.0.0.5 A record and corresponding TXT record.

Most DNSxLs also contain an A record at the DNSxL’s name that points to a web server, so that anyone wishing to learn about the bad.example.net DNSBL can check http://bad.example.net.

2.6. IPv6 DNSxLs

No DNSxL based on IPv6 addresses has, to the best of our knowledge, been deployed yet. The obvious format for one would use 32-component hex nibble-reversed IPv6 addresses in the same places where IPv4 DNSxLs use four-component decimal byte-reversed addresses. A single DNSxL could in principle contain both IPv4 and IPv6 addresses, since the different lengths prevent any ambiguity. If a DNSxL is represented using traditional zone files and wildcards, there is no way to specify the length of the name that a wildcard matches, so wildcard names would indeed be ambiguous for DNSxLs served in that fashion.

3. Domain name DNSxLs

A few DNSxLs list domain names rather than IP addresses. They are sometimes called RHSBLs, for right hand side blacklists. The names of their entries contain the listed domain name followed by the name of the DNSxL. If the DNSxL were called doms.example.net, and the domain invalid.edu were to be listed, the entry would be named invalid.edu.doms.example.net. A few name-based DNSBLs encode e-mail addresses using a convention adopted from DNS SOA records, so an entry for fred@invalid.edu would have the name fred.invalid.edu.doms.example.net. There is no consistent convention for a test entry, but some name-based DNSxLs use
EXAMPLE.COM as a test entry. Name-based DNSBLs are far less common than IP based DNSBLs. There is no agreed convention for wildcards.

Name-based DNSWLs can be created in the same manner as DNSBLs, and have been used as simple reputation systems with the values of bit fields in the A record representing reputation scores and confidence values.

4. Typical usage of DNSBLs and DNSWLs

DNSxLs can be served either from standard DNS servers, or from specialized servers like rbldns[2] and rbldnsd[4] that accept lists of IP addresses and CIDR ranges and synthesize the appropriate DNS records on the fly. Organizations that make heavy use of a DNSxL usually arrange for a private mirror of the DNSxL, either using the standard AXFR and IXFR or by fetching a file containing addresses and CIDR ranges for the specialized servers.

DNSBL clients are most often mail servers or spam filters called from mail servers. There’s no requirement that DNSBLs be used only for mail, and other services such as IRC use them to check client hosts that attempt to connect to a server.

Mail servers that test combined lists most often handle them the same as single lists and treat any A or TXT record as meaning that an IP is listed without distinguishing among the various reasons it might have been listed. Some mail server and spam filtering software does have the ability to apply bit masks to retrieved A values in order to select particular sublists of a combined list.

Mail servers typically check a list of DNSBLs and DNSWLs on every incoming SMTP connection, with the names of the DNSBLs and DNSWLs set in the server’s configuration. A common usage pattern is for the server to check each list in turn until it finds one with a DNSBL entry, in which case it rejects the connection, or a DNSWL entry in which case it accepts the connection. If the address appears on no list at all (the usual case for legitimate mail), the mail server accepts the connection. In another approach, DNSxL entries are used as inputs to a weighting function that computes an overall score for each message.

The mail server uses its normal local DNS cache to limit traffic to the DNSxL servers and to speed up retests of IP addresses recently seen. Long-running mail servers may cache DNSxL data internally.

An alternate approach is to check DNSxLs in a spam filtering package after a message has been received. In that case, the IP(s) to test are usually extracted from Received: headers or URIs in the body of the message. The DNSxL results may be
used to make a binary accept/reject decision, or in a scoring system.

Packages that test multiple headers need to be able to distinguish among values in lists with sublists since, for example, an entry indicating that an IP is assigned to dialup users might be treated as a strong indication that a message should be rejected if the IP sends mail directly to the recipient system, but not if the message were relayed through an ISP’s mail server.

Name-based DNSBLs have been used both to check domain names of e-mail addresses and host names found in mail headers, and to check the domains found in URLs in message bodies.

5. Security Considerations

Any system manager that uses DNSxLs is entrusting part of his or her server management to the parties that run the lists. A DNSBL manager that decided to list 0/0 (which has actually happened) could cause every server that uses the DNSBL to reject all mail. Conversely, if a DNSBL manager removes all of the entries (which has also happened), systems that depend on the DNSBL will find that their filtering doesn’t work as they want it to.

Since DNSxL users usually make a query for every incoming e-mail message, the operator of a DNSxL can extract approximate mail volume statistics from the DNS server logs. This has been used in a few instances to estimate the amount of mail individual IPs or IP blocks send[5,6].

As with any other DNS based services, DNSBLs and DNSWLs are subject to various types of DNS attacks which are described in [1].

6. Informative References


[6] The South Korean Network Blocking List,
http://korea.services.net.

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